

WRCS FOOD SERVICES DEPARTMENT

WEEKLY MENU: Sept 27 to Oct 01, 2021

BREAKFAST MENU

Monday 9/27/2021	Tuesday 9/28/2021	Wednesday 9/29/2021	Thursday 9/30/2021	Friday 10/1/2021
Cereal Cheerios Bwlpk Blueberry Bagel WG Banana Assorted Juice Milk Choc Fat Free Milk 1%	WG Sunrise Breakfast Calzone Strawberries Milk Choc Fat Free Milk 1%	Oatmeal Cinnamon Toast Apple Wedges Milk Choc Fat Free Milk 1%	Egg & Cheese Quesadilla Mango Chunks Milk Choc Fat Free Milk 1%	TO-GO SACK LUNCH T.B.D. BREAKFAST OPTION

LUNCH MENU

MONDAY 9/27/21	TUESDAY 9/28/21	WEDNESDAY 9/29/21	THURSDAY 9/30/21	FRIDAY 10/1/21
Tamales Cheese and Green Chile Lettuce & Tomato Mixed Vegetables - 5 Way, ssnd Kiwi Fruit Salad Milk Choc Fat Free Milk 1%	Cheese Pizza Wedge Corn Kernels Broccoli Florets Honeydew Melon Milk Choc Fat Free Milk 1%	Steakburger Lettuce Leaves & Tomato Slices Baked Beans, Ovn Fncy Watermelon Chunk Milk 1% Mustard Pkt, Ketchup pkt	Spaghetti & Meat Sauce Garlic Toast Green Beans Tropical Fruit Salad Milk Choc Fat Free Milk 1%	TO-GO SACK LUNCH T.B.D. LUNCH OPTION

D.Rockbridge, FSLead
B.Tsosie, Cook
M. Jones, FSW
G.Draper, PSS / FSW