

Wide Ruins Community School

SCHOOL YEAR 2021-2022



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Residential Hall Program



OVERVIEW

The past School Year was a challenging year due to the pandemic outbreak of Covid-19, which transformed the way we educate and serve our children. First, let me thank you for your support and understanding as a community school, responding to the unexpected invasion of COVID-19. We were faced with challenges of ways to protect everyone as we continued to educate and nurture our students during the most unusual of circumstances.

COVID-19 is mostly spread by respiratory droplets released when people cough, sneeze, or talk. Someone can also get COVID-19 by touching a surface or object that has the virus on it and then touching their own nose, mouth, or possibly their eyes. COVID-19 may be spread by people who are not showing symptoms. Therefore, personal prevention practices (such as frequent handwashing, social distancing, and staying home when sick) and environmental cleaning and disinfection, as well as use of masks are important principles that are covered in this document.

As you know, there continues to be concerns and questions related to how schools plan to reopen. While we are in the business of educating, our first priority is the safety of our students and our employees. As with other departments we are working diligently on the restart plans for the Residential Program. Due to all the factors and information needed to plan as COVID-19 issues unfold it is our desire to return to school with enhanced safety and protocol procedures. However, we must be prepared during these ever-changing times to continue educating our students when circumstances change, as anticipated, through the coming years related to the health and safety of our students and employees.

We are patiently waiting for the decisions to re-open and look forward to begin the 2021-2022 school year. However, we believe that all options will be considered, especially wearing a face mask and social distancing. We know that for many students, nothing can quite match full-time teaching and learning as in a school facility. We are preparing and implementing a variety of safety measures, educational models and approaches, to bring back students on campus.

Covid-19 Information

The COVID-19 pandemic, also known as the coronavirus pandemic, is an ongoing pandemic of coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). It was first identified in December 2019 in Wuhan, China

- **Disease:** Coronavirus disease 2019 (**COVID-19**)
 - **Symptoms:** Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have **COVID-19**: Cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, new loss of taste or smell.
 - **Incubation period:** The median incubation period for **COVID-19** is four to five days. Most symptomatic people experience symptoms within two to seven days after exposure.
 - **Mode of transmission:** Human-to-human transmission via respiratory droplets
 - **Prevention tips:** Avoiding close contact with sick individuals; frequently washing hands with soap and water; not touching the eyes, nose, or mouth with unwashed hands; and practicing good respiratory hygiene.
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Implementation

Pandemic Crisis Response Team:

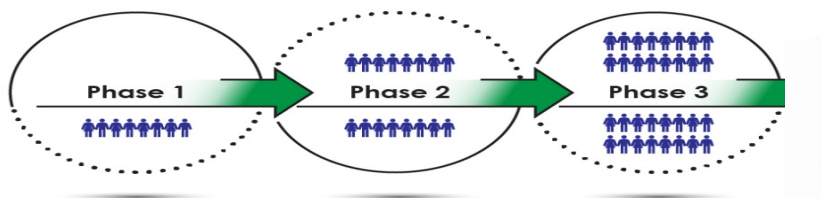
WRCS has an emergency response team with defined roles and responsibilities for health and safety preparedness and response planning during the phased reopening of the school.

The team will play a role in decision making regarding response efforts in the event of a confirmed positive case or exposure among staff and students.



Health and Safety

- Daily health screening for students and staff
- Plan for assessing ill students & staff; isolating if needed
- Instruction on identifying signs of illness
- Cleaning and disinfection procedures
- Protocol for actions if there is confirmed case of COVID-19 in the dorm, including process for return to school.



Movement between phases will be based on Covid-19 virus conditions and spread.



- First week of school Dorm will be open on Monday thereafter Dorm will be open Sunday afternoon to Friday morning
- For Safety of all occupants only 1 student is recommended in sleeping area, exceptions will be for siblings who can share a room
- Occupancy 6-girls, 6-boys = 12 students to reside in the dorm. *Note: (siblings will add to the number of occupancy)*
- Daily Health Screening checks to be conducted for all occupants/individuals
- Face mask or face shield are required
- 6ft Social Distancing is required
- Continuous Hand washing is required
- Hand sanitizers placed in all rooms
- Visitors are not allowed except in emergency cases
- Students who feel sick are not allowed on school campus
- Parents will be notified of students who feel ill during their stay
- Staffs will transport to Health Facility in Emergency situations
- Information and tracking document will be used upon student's return each week
- Student check-out is not recommended during the week
- Students residing at a distance and student needs will determine priority of enrollment.



- Dorm open Sunday afternoon to Friday morning
- Additional students will be accepted, 2 students are recommended in sleeping room, 12 girls, 12 boys = 24 students to reside in the dorm
- Daily Health Screening checks to be conducted for all occupants/individuals
- Face mask or face shield are still required
- 6ft Social Distancing is still required
- Continuous Hand washing is still required
- Limit hand sanitizer locations
- Visitors allowed in designated areas, but refrain from student check-out
- Students who feel sick are not allowed on school campus
- Parents will be notified of students who feel ill during their stay
- Staffs will transport to Health Facility in Emergency situations
- Information and tracking document will be used upon student's return each week
- Students residing at a distance and student needs will determine priority of enrollment
- Additional siblings can occupy a room together

PHASE III

- Dorm open Sunday afternoon to Friday morning
- Dorm back in full operation, 24 girls, 24 boys = 48 students.
- Face mask or face shield will be optional based on school requirements
- Continuous Hand washing is still required
- Visitors allowed in designated areas, but refrain from student check-out
- Parents notified if students feel sick
- Safety Procedures established based on school requirements

SAFETY PROCEDURES



Promoting Behaviors that Reduce Spread

Residential Hall can use several strategies to encourage behaviors that reduce the spread of COVID-19.

Staying Home or Self-Isolating when Appropriate

- Educating students, staffs, parents, and visitors on when they should stay home or self-isolate.
- It is encouraged for those who are sick to stay home and self-isolate.
- Students, staffs, parents, and family members should stay home when they have confirmed or suspected COVID-19.
- Those who have recently had close contact with a person with COVID-19 should also stay home and monitor their health.
- Develop flexible and non-punitive rules that encourage sick individuals to stay at home without fear of reprisals, and ensure students are aware of these guidelines. Telework or virtual options will be offered.
- Educate and train All Employees on prevention since they commonly provide care and communicate daily with students in multiple facilities
- Employees or students/parents who visit multiple locations should be encouraged to inform the school or facility if they have or had exposure to COVID-19 cases.
- CDC's criteria can help inform when staffs should return to work
- In cases of sickness or exposure, medical clearance will be required to return onsite

Hand Hygiene and Respiratory Etiquette

- Additional hand soap dispensers placed in selected areas
- Recommend and reinforce handwashing with soap and water for at least 20 seconds.
- If soap and water are not readily available, hand sanitizer that contains at least 60% ethanol or 70% isopropanol can be used.
- Reinforce handwashing in between interactions with other staffs or students as appropriate.
- Encourage covering coughs and sneezes with a tissue or use the inside of your elbow. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.
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Masks

- Recommended and reinforce use of masks among students, staffs, parents, and essential visitors. Masks should be worn at all times and at most essential time. Individuals will be frequently reminded not to touch the mask and to wash their hands. Information will be provided to all students, parents, staffs, and essential visitors on proper use, removal, and washing of masks.
- Note:
 - Masks should be worn correctly and washed before reuse.
 - Anyone having difficulties breathing using a mask will be required to wear a face shield.
 - Masks should **not** be placed on anyone who has trouble breathing or is unconscious
 - Medical statement for not wearing a mask will be taking into consideration but face shield will be required.
 - A mask is not a substitute for social distancing.
 - Masks are meant to protect other people in case the person is unknowingly infected but does not have symptoms.
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• Social Distancing

- Social Distancing will be enforced and encouraged with all occupants to stay at least 6 feet (2 meters) apart in all areas of the building and individual spaces.
- Posters and signs on social distancing will be posted
- Marking on floors with 6ft distancing will be implemented

Adequate Supplies in Common Areas

- Residential Hall will have accessible sinks and enough supplies for students to clean their hands and cover their coughs and sneezes. Supplies include soap, a way to dry hands (e.g., paper towels, hand dryer), hand sanitizer containing at least 60% alcohol, tissues, disinfectant wipes, masks (as feasible), and no-touch/foot pedal trash cans (preferably covered).
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Signs and Messages

- Posted signs will be placed in highly visible locations (e.g., building entrances, restrooms, living room, dining areas) that provide CDC safety guidelines.
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Ventilation

- Residential Hall has a ventilation system to increase circulation of air as much as possible, and by opening windows and doors. However, if opening windows and doors poses a safety or health risk (e.g., risk of hazard, triggering asthma symptoms) to occupants, it will not be opened

• Water Systems

- To minimize the risk the virus or other diseases associated with water, steps will be taken to ensure that all water systems, water-using devices, and water features (e.g., drinking fountains) are safe to use after a prolonged shutdown or reduced operation. Drinking fountains, like all high-touch surfaces, will be cleaned and disinfected, but **bottle water will be recommended to minimize the use and sharing of water fountains.**

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• Modified Layouts

- Altering schedules to reduce mixing and close contact, such as staggering meal and activity times and forming small groups that regularly participate at the same times and do not mix with individuals in other groups.
- Arrange seating of chairs and tables to be least 6 feet apart during shared meals or other events.
- Minimize traffic in enclosed spaces, such as living, room restrooms, shower room, individual sleeping rooms, etc.
- Ensured social distancing is maintained throughout the building

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• Physical Barriers and Guides

- Barriers placed at specific location throughout the facility.
- Install physical barriers, such as sneeze guards and partitions, particularly in areas where it is needed and difficult for individuals to remain at least 6 feet apart (e.g., restrooms, computer room, and certain areas).
- Provide physical guides, such as tape on floors or sidewalks and signs on walls to ensure students remain at least 6 feet apart.

Communal Spaces

- Consideration of closing specific indoor shared spaces will be enforced if needed to ensure safety of the students. **(Otherwise, staggered use and restricted number of students will be allowed at a time to ensure everyone can stay at least 6 feet apart, and clean and disinfect between use.)** Outdoor activities will be prioritized where possible.
- Limit to NO visitors will be considered except in emergency cases. **(Emergency visitation in assigned to designated area or outdoors)**
- Added physical barriers, such as plastic flexible screens, between bathroom sinks and between beds especially when they cannot be at least 6 feet apart.
- Cleaning and disinfecting bathrooms regularly (e.g., in the morning and evening, after times of heavy use) will be enforced following the manufacturer's cleaning products labeled directions.

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Sleeping Rooms

- Only 1 to 2 students will be allowed in each room. **(Exceptions-siblings can occupy a room together)**
- Sharing of items will be restricted
- Students will stay in their own area of the room

- No visitation and limited socialization in sleeping quarters
- Mask are required, acceptance will be during shower time and bed time
- Rooms will be cleaned and disinfected regularly at least twice per day (e.g., in the morning and evening or as needed).
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Recreational areas / activity areas

- Activity rooms will be restricting the number of students allowed in at one time to ensure everyone can stay at least 6 feet apart.
- Holding organized activities outdoors, is a priority first.
- Consider increase air flow by opening windows where possible, and clean and disinfect between use.
- Activities and sports that require close contact are not recommended except outdoors but face mask are required
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Shared bathrooms

- Sneeze guard barriers placed between sink facets
- Shared bathrooms will be cleaned and disinfected regularly at least twice per day (e.g., in the morning and evening or after times of heavy use), and as needed during use.
- Bathrooms will be continuously stocked with soap and paper towels. Hand sanitizer will also be made available.
- Trash cans are emptied regularly.
- Poster information and signs on how to wash hands properly and other safety regulations are posted

Food Service

A number of students will be allowed in the food serving area, or dining area to allow for social distancing of at least 6 feet.

- Providing grab-and-go meals will be an option or meal delivery, if feasible.
- Use disposable food service items (e.g., utensils, dishes). If disposable items are not feasible or desirable, ensure that all non-disposable food service items are handled with gloves and washed with dish soap and hot water or in a dishwasher. Individuals should wash their hands after removing their gloves or after directly handling used food service items.
- If food is offered at any event, pre-packaged boxes or bags for each attendee will be used.
- Sharing food and utensils is restricted for the safety of all individuals
- Utilizing the gym is an option to provide space and separation
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Isolate and Transport Those Who Are Sick

- Early implementation of stringent isolation and protective measures after identification of COVID-19 cases is effective in minimizing spread of the virus. Immediately separate student with symptoms (such as fever, cough, or shortness of breath).
- Student will be isolated.
- Parents will be notified immediately.
- Students who are sick must return home or be taken to a healthcare facility if symptoms are severe and life threatening.
- Clean and Disinfect (follow CDC guidelines and wear proper PPE)
 - Close off areas used by a sick person, open window and do not use this area until after cleaning and disinfecting

- Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure safe proper PPE is used and correct use and disposal of cleaning and disinfection products.
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- **Notify Health Officials and Close Contacts**
 - In accordance with state and local laws and regulations, notify local health officials of cases of COVID-19 while maintaining confidentiality in accordance with regulations
 - Inform those who have had close contact with the person diagnosed to stay home and self-monitor for symptoms, and follow CDC guidance if symptoms develop.
 - Navajo Nation Health Command Operation Center (HCOC)
Covid-19 Report: 928-871-7014
(HCOC) Mental Health Helpline: 928- 810-7357

ADDITIONAL PROCEDURES

Planning strategies include:

- Informing and share information to students, staffs, parents, and visitors about COVID-19 and the status of the school. Implement information-sharing through email, school-web, phone text, etc. for communication purpose.
- Residential Hall can support students who have no or limited access to the internet, accommodate students residing distance away and provide care and;
- Promote healthy behaviors that reduce spread, maintaining healthy environments and operations, and what to do in the event someone gets sick.
- Taking action to prevent or slow the spread of COVID-19 including limiting the number of non-essential visitors to preserve the health, including mental health, well-being, and safety of students.
- Consider identifying residents who have unique medical needs (including behavioral health needs)

Lower Risk Setting:

- Students will not spend time in each other's individual living spaces, and most communal areas which will be closed. **(Phase II- additional students enrolled and communal areas opened and monitored)**
- Students may use properly ventilated communal areas (e.g., dining room, gym) or participate in small group outdoor activities, but they remain at least 6 feet apart and wear a mask at all times.
- Staffs, students, parents will remain at least 6 feet apart at all times, in designated area and undergo health screenings or limit visitation outdoors.
- Non-essential visitors are not permitted on site. **(Phase II- visitation in assigned to designated area or outdoors)**

Enforcement Practice

- All students, parents, visitors are required to follow Residential Hall Guidelines. Actions may be enforced (ie: suspension or removal from the Residential Hall) for failure to abide by the safety regulation of the Residential Hall.
- Infractions may lead to actions ranging from limitations and warnings to removal. With the challenging situations we are encountering with Covid-19, we provide guidelines to protect everyone, however, Residential Hall seeks first to educate its students and make decisions regarding disciplinary actions on the safety and educational perspective. WRCS

Residential Hall expects students to uphold the standards of conduct and will make consideration in determining the appropriate disciplinary action(s).

- Any other information or circumstances not presented in this document will be implemented for the safety of all individual

Given the dynamic nature of the pandemic, this plan will incorporate flexibility to adapt to changing conditions.

Mental Health Resource



Navajo Nation Division of Behavioral and Mental Health Services

Mental Health Helplines

Do you need to talk to someone? Are you a youth or elder that would like to seek help with depression, anxiety or stress?

DBMHS staff are prepared to listen to you and/or answer questions about your mental health.

Arizona Outpatient

Chinle
Dilkon
Fort Defiance
Kaibeto
Kayenta
Newlands
Red Mesa
Tuba City

M-F (8 am-5 pm) Phone Number

(928) 674-2190
(928) 657-8000
(928) 729-4012
(928) 673-3267
(928) 697-3766
(928) 688-3475
(505) 368-1438
(928) 283-3346

After hours & weekends Phone Number

(928) 551-0247
(928) 551-0624
(928) 551-0247
(928) 551-0624
(928) 551-0247
(928) 551-0247
(928) 551-0508
(928) 551-0624

New Mexico Outpatient

Crownpoint
Gallup
Navajo Regional Behavioral
Health Center

M-F (8am-5pm) Phone Number

(505) 786-2111
(505) 722-9470
(505) 368-1438

After hours & weekends Phone Number

(928) 797-3413
(928) 551-0566
(928) 551-0508

<http://nndbmhs.org/>